

# Using the 5 step Process to Support Thinking in Youth Social Action

**WHY?**

What problem do I see or feel?

★ **now** ★  
**what?**

What have I achieved through this? What can I further?

*What*

How can I discuss this problem with my class?

**L**earner

*When*

When can I do this?  
In school? Out of school? Who can help/support me?

*How?*

How can I change this?  
What knowledge and skills do I need to learn?