Lesson 1: Understand the meaning of Inclusion and Diversity Skills Objectives • With examples, Young people can demonstrate an understanding of Inclusion and Diversity. • Problem-Solving - I can identify implicit and inferred meaning in texts. • Communication - I can apply the PEEL method using different mediums









National Curriculum: Citizenship, PSHE, English

Inclusion is the idea that everyone should be able to use the same facilities, participate in the same activities, and enjoy the same experiences, including those with a disability or other disadvantages.

Diversity is any dimension that can be used to differentiate groups and people from one another. In a nutshell, it's about empowering people by respecting and appreciating what makes them different in terms of age, gender, ethnicity, religion, disability, sexual orientation, education, and national origin.

Time	Task
15 mins	Putting people in boxes When we label people and put them in different boxes, we don't see PEOPLE for who they truly are. This video proves that we have a lot more in common than we think, and we should keep that in mind when we encounter anyone who might seem different from we are.
30mins	What is inclusion? What is Diversity? Question: what prevents people from being included in activities? This may generate a range of different answers. This will be a good opportunity to explore, at an appropriate level, some of the young people's suggestions. These may include the theme of gender, race, culture, religion, or physical disability.

https://www.youtube.com/watch?v=QXY5TyCUTlo

Use drama to explore how the characters in this story were feeling at the beginning of the Art visit and at the end. Are any Young peoples confident enough to tell their own version of a piece of artwork?

15 mins

Using your communication skills, play a game of Charades based on Inclusion and Diversity films.

Charades is a guessing game. You have to communicate using other forms of non-verbal communication. The more you play these games and see how other people interpret body language and actions, the better your non-verbal communication skills will become because you will be able to hone them

How to Train Your Dragon	Mulan
Finding Nemo	Finding Dory
The Miracle Worker	Wonder
Zootopia	Akeelah & the Bee
Coco	Moana

How to Train Your Dragon

Children will get to learn how they should treat people with disability. It follows the story of Toothless, a young dragon who won't be able to fly with his rider because an accident damaged his tail.

Mulan

Although it is from the 90s (with a live-action remake currently being shown), Mulan teaches them about female empowerment.

Finding Nemo

A favourite family movie that can teach you about inclusion and diversity is Finding Nemo.

The story follows the clown fish Marlin, who is a very dedicated single father to his only son Nemo, who has a hard time swimming because of his small fin. Nemo somehow goes missing one day, leading Marlin to swim through the ocean to find him and meet several diverse characters along the way.

Finding Dory

The story follows the clown fish Marlin, who is a very dedicated single father to his only son Nemo, who has a hard time swimming because of his small fin. Nemo somehow goes missing one day, leading Marlin to swim through the ocean to find him and meet several diverse characters along the way.

The Miracle Worker

The Miracle Worker is a unique live-action film released by Disney featuring the story of Hellen Keller, a young child born blind, mute and deaf, and her teacher Anne Sullivan who is very dedicated to helping Hellen discover her unique way of communicating with people.

This story is heart-warming and can teach your children about people with disabilities and their strong will.

Wonder

Wonder is based on a 2012 book that talks about the story of 10-year-old Auggie, who was born with facial disfigurement.

Zootopia

One of the animated films that are considered one of the best when it comes to teaching cultural diversity and racism to kids is Zootopia.

The story features a city where animals live together and the adventure of a bunny – who is the first police officer from their race – and a very sly fox who has to team up to solve a unique case happening around the metropolis.

Akeelah & the Bee

This movie follows the story of a little girl who hails from one of LA's toughest neighbourhoods. The girl later discovers that she has a talent for spelling and doesn't have to change who she is to be able to fit in with the people around her.

Moana

This movie boasts a wonderful role model in Moana, who's set on being a strong, successful leader for her people, and offers a thoughtful representation of Polynesian culture.

Coco

Disney/Pixar's vibrant film explores the traditions of the Day of the Dead, a celebratory holiday to remember the dead, mostly celebrated in Mexico.

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